

SCHEDULE OF EVENTS

MONDAY, DECEMBER 14

8:30 AM - til	GOLF TOURNAMENT	Ritz Carlton Golf Club
1:00 PM - 8:00 PM	CREDENTIALING	Grande Registration Desk
2:30 PM - 3:30 PM	DIVISION I ETHICS COMMITTEE	Del Lago 1&2
2:30 PM - 3:30 PM	DIVISION I LAW & LEGISLATION - XC	Barcelona
2:30 PM - 3:30 PM	DIVISION I AWARDS - XC	Segura 1
3:00 PM - 4:15 PM	SYMPOSIUMS - PRESENTED BY BEYNON SPORTS SURFACING	
	1500 Meter Training	Palazzo D&E
	Rotational Shot Put	Mediterranean 6-8
	Sprints - Relay Panel	Palazzo A-C
	Triple Jump	Palazzo F-H
3:30 PM - 4:45 PM	DIVISION I COMMITTEES	
	Qualifying Process (Harwick) - Cross Country	Segura 1
	By-Laws - Track & Field	Cordova 2
	Awards - Track & Field	Del Lago 3&4
	Field Expansion - Cross Country	Segura 2
	Qualifying Process (Drosky) - Cross Country	Segura 4
	Regional Site Selection - Cross Country	Segura 5
	Scholarships - Cross Country	Segura 6
	DIVISION II COMMITTEES	
	Awards	Marbelle 1&2
	Hall of Fame	Marbella 3
	Law & Legislation	Marbella 4
	Meet Enhancement	La Serena Boardroom
	Polls - Cross Country	Cordova 5&6
	Post Graduate Scholarship	Cordova 4
	Site Selection	Del Lago 1&2
	DIVISION III COMMITTEES	
	Awards	Barcelona
	By-Laws	Cordova 3
	Hall of Fame	Amarante 1
	Polls - Cross Country	Amarante 2&3
4:30 PM - 5:45 PM	SYMPOSIUMS - PRESENTED BY BEYNON SPORTS SURFACING	
	800 Meter Training	Palazzo D&E
	Hammer	Mediterranean 6-8
	Sprints	Palazzo A-C
	Jumps	Palazzo F-H
5:00 PM - 7:00 PM	DIVISION II BOARD OF DIRECTORS	La Serena Boardroom
5:00 PM - 9:00 PM	DIVISIONAL EXECUTIVE COMMITTEES	
	Division I Cross Country	Del Lago 1&2
	Division I Track & Field	Del Lago 3&4
	Division III Cross Country	Amarante 2&3
	Division III Track & Field	Amarante 1
5:30 PM - 7:00 PM	MEAL BREAK PRESENTED BY BROOKS	Mediterranean 1-5
5:30 PM - 7:30 PM	EXHIBITS	Mediterranean 1-5
7:00 PM - 8:15 PM	SYMPOSIUMS - PRESENTED BY BEYNON SPORTS SURFACING	
	Distance	Palazzo D&E
	Javelin	Mediterranean 6-8
	Sprints	Palazzo A-C
	High Jump	Palazzo F-H
7:15 PM - 9:00 PM	DIVISIONAL EXECUTIVE COMMITTEES	
	Division II Cross Country	Cordova 5&6
	Division II Track & Field	Marbella 1&2
8:30 PM - 9:30 PM	SYMPOSIUMS - PRESENTED BY BEYNON SPORTS SURFACING	
	Distance Panel	Palazzo D&E
	Throws Panel	Mediterranean 6-8
	Sprint Hurdles	Palazzo A-C
	Triple Jump Panel	Palazzo F-H
9:15 PM - 10:00 PM	DIVISION I XC CHAMPIONSHIPS COMMITTEE	Cordova 4
9:15 PM - 10:00 PM	EQUITY IN DIVISION II TRACK & FIELD COMMITTEE	Cordova 3
9:30 PM - 11:00 PM	COACHES SOCIAL PRESENTED BY BROOKS	Palazzo Foyer

TUESDAY, DECEMBER 15

7:30 AM - 8:30 AM	BREAKFAST - PRESENTED BY M-F ATHLETIC	Mediterranean 1-5
7:30 AM - 1:30 PM	EXHIBITS	Mediterranean 1-5
7:30 AM - 6:00 PM	USTFCCA INFORMATION BOOTH	Grande Registration Desk
8:30 AM - 9:30 AM	SYMPOSIUMS - PRESENTED BY BEYNON SPORTS SURFACING	
	Middle Distance Panel	Palazzo D&E
	400 Meter Hurdles	Palazzo A-C
	Combined Events	Palazzo F-H
	Throws	Mediterranean 6-8
8:30 AM - 10:45 AM	DIVISIONAL EXECUTIVE COMMITTEES	
	Division I Cross Country	Del Lago 1&2
	Division I Track & Field	Del Lago 3&4
	Division II Cross Country	Cordova 5&6
	Division II Track & Field	Marbella 1&2
	Division III Cross Country	Amarante 2&3
	Division III Track & Field	Amarante 1
9:45 AM - 10:45 AM	SYMPOSIUMS - PRESENTED BY BEYNON	
	Distance	Palazzo D&E
	400 Meter Training	Palazzo A-C
	Combined Events	Mediterranean 6-8
11:00 AM - 12:00 PM	OPENING SESSION	Coqunia South
12:00 PM - 1:15 PM	LUNCH - PRESENTED BY BALFOUR	Valencia Lawn
1:30 PM - 2:30 PM	HIGH SCHOOL SESSION 1	
	National Senate of High School Coaches	Segura 1-4
1:30 PM - 2:45 PM	NCAA DIVISION II GENERAL SESSION	Palazzo F-H
1:30 PM - 3:45 PM	ASSISTANT COACH SEMINAR	
	Foot Related Injuries	Palazzo A-C
1:30 PM - 3:45 PM	NCAA DIVISION I - CROSS COUNTRY	Palazzo D&E
2:45 PM - 3:45 PM	NCAA DIVISION III - CROSS COUNTRY	Mediterranean 6-8
3:00 PM - 4:15 PM	HIGH SCHOOL SESSION 2	
	Coaching the Jumps	Segura 1-4
3:00 PM - 4:15 PM	ASSISTANT COACH SEMINAR	
	Excellence in Coaching	Palazzo A-C
3:00 PM - 4:45 PM	NCAA DIVISION II - CROSS COUNTRY	Palazzo F-H
4:00 PM - 5:00 PM	HIGH SCHOOL SESSION 3	
	Following the Rules of Recruiting	Segura 1-4
4:00 PM - 6:45 PM	NCAA DIVISION I - TRACK & FIELD	Palazzo D&E
4:30 PM - 5:30 PM	NCAA DIVISION III - TRACK & FIELD	Mediterranean 6-8
4:30 PM - 5:30 PM	ASSISTANT COACH SEMINAR	
	Training Concepts	Palazzo A-C
4:30 PM - 6:45 PM	NAIA GENERAL SESSION	Siena 1&2
5:00 PM - 6:45 PM	NCAA DIVISION II - TRACK & FIELD	Palazzo F-H
5:15 PM - 6:15 PM	HIGH SCHOOL SESSION 4	
	Staging a One Day Clinic	Segura 1-4
7:00 PM - 10:00 PM	MONDO BARBEQUE	Fairway's Lawn



WEDNESDAY, DECEMBER 16

7:30 AM - 8:30 AM	BREAKFAST - PRESENTED BY UCS / UCS SPIRIT Mediterranean 1-5
7:30 AM - 10:30 AM	EXHIBITS Mediterranean 1-5
7:30 AM - 7:00 PM	USTFCCA INFORMATION BOOTH Grande Registration Desk
8:00 AM - 9:45 AM	DIVISIONAL EXECUTIVE COMMITTEES Division I Cross Country Del Lago 1&2 Division I Track & Field Del Lago 3&4 Division II Cross Country Cordova 5&6 Division II Track & Field Marbella 1&2 Division III Cross Country Amarante 2&3 Division III Track & Field Amarante 1
8:30 AM - 9:45 AM	SYMPOSIUMS - PRESENTED BY BEYNON SPORTS SURFACING Distance Panel Palazzo D&E Discus Mediterranean 6-8 Sprints Palazzo A-C Pole Vault Coaching Trends Palazzo F-H
10:00 AM - 11:00 AM	HIGH SCHOOL SESSION 5 Adapting Sprint Workouts to Various Situations Segura 1-4
10:00 AM - 11:30 AM	ASSISTANT COACH SEMINAR Treatment and Prevention of Injuries Palazzo A-C
10:00 AM - 11:45 AM	NCAA DIVISION I - CROSS COUNTRY Palazzo D&E NCAA DIVISION II - CROSS COUNTRY Palazzo F-H NCAA DIVISION III - CROSS COUNTRY Mediterranean 6-8
11:00 AM - 12:00 PM	HIGH SCHOOL SESSION 6 Coaches Round Table Segura 1-4
12:00 PM - 1:15 PM	LUNCH - PRESENTED BY NIKE Da Vinci Lawn
1:30 PM - 3:00 PM	ASSISTANT COACH SEMINAR High Performance Nutrition for T&F Palazzo A-C
1:30 PM - 3:15 PM	NCAA DIVISION I - TRACK & FIELD Palazzo D&E NCAA DIVISION II - TRACK & FIELD Palazzo F-H NCAA DIVISION III - TRACK & FIELD Mediterranean 6-8 NAIA GENERAL SESSION Segura 1-4
3:30 PM - 5:00 PM	PROFESSIONAL DEVELOPMENT Women's Issues in Coaching Palazzo D&E
	PROFESSIONAL DEVELOPMENT Motivating the 21st Century Athlete Palazzo A-C
6:00 PM - 6:45 PM	COCKTAIL RECEPTION Coquina South
7:00 PM - 10:00 PM	THE BOWERMAN PRESENTATION & HALL OF FAME INDUCTION DINNER Coquina Ballroom
10:00 PM - 11:00 PM	POST PARTY - PRESENTED BY ACCUSPLIT Coquina South

THURSDAY, DECEMBER 17

7:30 AM - 8:30 AM	BREAKFAST Mediterranean 1-5
7:30 AM - 8:30 AM	DIVISIONAL EXECUTIVE COMMITTEES Division I Cross Country Del Lago 1&2 Division I Track & Field Del Lago 3&4 Division II Cross Country Cordova 5&6 Division II Track & Field Marbella 1&2 Division III Cross Country Amarante 2&3 Division III Track & Field Amarante 1
7:45 AM - 8:30 AM	TFRRS INSTRUCTIONAL SESSION Meet Directors and Timers Mediterranean 6-8
8:45 AM - 9:45 AM	PROFESSIONAL DEVELOPMENT Contract Negotiations Palazzo D&E
	PROFESSIONAL DEVELOPMENT Women's Issues Panel Palazzo A-C
10:00 AM - 11:15 AM	NCAA DIVISION I VOTING SESSION - XC Palazzo D&E NCAA DIVISION III VOTING SESSION - XC Palazzo A-C
10:00 AM - 12:45 PM	NCAA DIVISION II VOTING SESSION Palazzo F-H NAIA GENERAL SESSION Segura 1-4
11:30 AM - 12:45 PM	NCAA DIVISION I VOTING SESSION - T&F Palazzo D&E NCAA DIVISION III VOTING SESSION - T&F Palazzo A-C